

## SEPTEMBER SPECIAL SANDWICH MENU

### SEPTEMBER 6 - SEPTEMBER 12

ROSEMARY AND SUNDRIED TOMATO HAM 8.50  
provolone, roasted peppers, arugula and  
sundried tomato mayonnaise on a demi-baguette

SOUTHWEST TOFU WRAP 7.50  
bbq tofu, shredded cheddar, avocado, tomato,  
lettuce and pico de gallo with chipotle mayo in a spinach wrap

### SEPTEMBER 13 - SEPTEMBER 19

HARVEST TOMATO PANINI 7.50  
local ripened tomatoes, provolone, basil leaves,  
herbed mayonnaise and balsamic reduction  
on grilled country white bread

CHICKEN SATAY WRAP 7.95  
with sesame chicken, cabbage, carrots, cucumber  
and bean sprouts with peanut sauce in a spinach wrap

### SEPTEMBER 20 - SEPTEMBER 26

SMOKED TURKEY 7.95  
havarti cheese, crisp apples, arugula and honey mustard  
on a demi baguette

BALSAMIC VEGETABLE PANINI 7.95  
grilled and roasted eggplant, red and yellow peppers, zucchini,  
yellow squash and red onions with a balsamic glaze,  
herb and garlic cheese spread on foccacia

### SEPTEMBER 27 - OCTOBER 3

ROAST BEEF 8.50  
provolone, peppadew peppers, arugula and  
dijonnaise sauce on a demi baguette

MEDITERRANEAN CHICKEN WRAP 7.95  
herbed chicken, crumbled feta, red onions, lettuce,  
tzaziki sauce and hummus in a wheat wrap

### SIDE SALADS 4.50

HOUSE  
mixed greens with grape tomatoes, carrots, radishes  
and the grocer's herb vinaigrette

CAESAR  
romaine lettuce, croutons, shaved parmesan and caesar dressing

FRUIT SALAD  
diced seasonal fruit and berries

### SOUP

SOUP OF THE DAY *small 3.95 large 4.95*  
CHICKEN MATZO BALL SOUP *small 3.95 large 4.95*

### SALADS BY THE 1/2 POUND

ALBACORE TUNA SALAD 4.95  
YUKON GOLD POTATO SALAD 3.25  
PASTA SALAD 4.75  
EGG SALAD 3.25  
TOMATO MOZZARELLA SALAD 4.95  
BEET, ORANGE, RED ONION SALAD 4.75  
GODDESS CHICKEN SALAD 5.75

### DRINKS

IZZE SODAS 1.95  
COKE, DIET COKE, SPRITE 1.75  
SAN PELLEGRINO 330 ml 1.50  
HONEST TEA 2.50  
RED BULL 2.50  
FRESH SQUEEZED LEMONADE 2.95  
ORANGINA 2.25  
FIJI WATER *small 1.75 large 2.75*  
O WATER 1.95  
GREEN PLANET *biodegradeable bottle* 1.50

### DESSERTS

GODDESS CUP CAKES *minis 2/3.95 large 3.00 gourmet 3.50*  
GIANT COOKIES 2.25  
*triple chocolate chip, oatmeal raisin or peanut butter*  
DOUBLE CHOCOLATE BROWNIES 2.50  
WHOOPIE PIES 3.00  
PECAN BAR 2.75  
PEANUT BUTTER & JELLY BARS 3.00  
RICE KRISPIE TREATS 2.50  
KEY LIME BARS 2.50  
LEMON BARS 2.50  
CHOCOLATE NEMESIS *flourless* 4.50  
MAUDE'S ORGANIC CARROT CAKE 5.00  
BIG SLICE OF CAKE 6.00

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